

Edited by Rev. P. Morgan, PhD

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Golden Triangle Emmaus Community  
Emmaus of the Albemarle

## Bags

Title: Agape Bags

Source: [Emmaus of the Albemarle](#)

Materials: each yard of 44 to 45" fabric yields 4.5 bags  
each yard of 60" fabric yields 7.5 bags  
design on the bags is sideways, but this is the most economical use of the fabric

Instructions: ribbon for draw string  
Cut each yard of fabric into 3 strips. Each strip measuring 12" X 44"  
Cut each strip into 3 pieces — 12" x 14 2/3"  
From one yard you will have 9 pieces, each measuring 12" x 14 2/3"  
Place two panels' right sides together and stitch a 3/8" to 1/2" seam around three sides.  
Note: about 3/4" down from the top of one side, leave an opening about 3/4" long.  
This opening will allow the drawstring to be pulled to the outside.  
Turn bag right side out, at the raw edge at the top fold under 3/4" to the wrong side and stitch near the raw edge for casing.

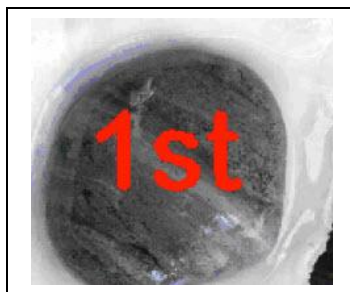
Title: 1<sup>st</sup> Stone

Source: [Emmaus of the Albemarle](#)

Materials: Rocks  
Permanent ink black marker  
Plastic zipper bags  
Paper  
Glue

Instructions: Cleans stones and write "1<sup>st</sup>" on each stone  
Place stone in plastic zipper bag  
Glue the following message inside the bag  
If there is one of you who has not sinned,  
let that person be the first to throw a stone . . . John 8:7  
  
Lord . . .  
You love and forgive me  
Help me to quickly love and forgive others  
To show compassion in my opinions  
To act gently  
To withhold condemnation, accusation, and judgment  
To hold the first stone and not throw it

Photo:



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